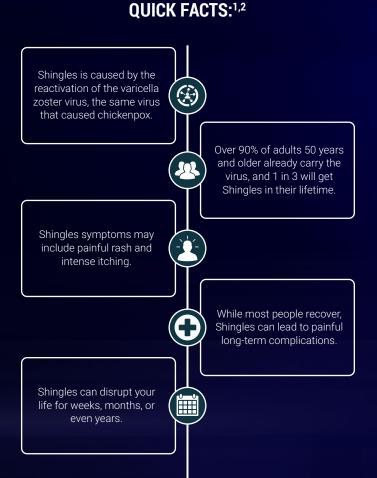


SHINGLES

PREVENTION STARTS WITH AN INFORMED CONVERSATION

If you're 50 years or older, you may be at risk of Shingles disease with the symptoms of painful, blistering rash - no matter how healthy you may feel. You can use this guide at your next doctor's appointment to learn more.



WAKE UP

Shingles is a disease that deserves your attention

GET THE CONVERSATION STARTED

HERE ARE SOME QUESTIONS TO GUIDE YOUR DISCUSSION

I am over 50 but feel healthy and try to stay fit. Am I still at risk for Shingles? People talk about the terrible impact Shingles pain has had on their lives. Is it that painful? Can you **tell me** more about the potential **long-term** complications of Shingles? If I haven't had chickenpox, can I get Shingles? I've had Shingles before. **Can I get it again?**

Talk to your Doctor about Shingles disease and how you can be protected

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References

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