

SHINGLES

PREVENTION STARTS WITH AN INFORMED CONVERSATION

If you're 50 years or older, you may be at risk of Shingles disease with the symptoms of painful, blistering rash - no matter how healthy you may feel. You can use this guide at your next doctor's appointment to learn more.

QUICK FACTS:^{1,2}





WAKE UP

Shingles is a disease that deserves your attention

GET THE **CONVERSATION** **STARTED**

HERE ARE SOME QUESTIONS TO GUIDE YOUR DISCUSSION

1

I am over 50 but feel healthy and try to stay fit.
Am I still at risk for Shingles?

2

People talk about the terrible impact Shingles pain has had on their lives.
Is it that painful?

3

Can you **tell me more** about the potential **long-term complications** of Shingles?

4

If I haven't had chickenpox, **can I get Shingles?**

5

I've had Shingles before.
Can I get it again?

Talk to your Doctor about Shingles disease and how you can be protected

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Awareness material provided by GlaxoSmithKline
In case of any side effects belongs to medication,
please contact the SFDA on: 19999

References

1. MedicineNet. Patient Comments: Shingles-Symptoms & Signs, September 2013. Available at: <http://www.healthline.com/health/shingles-pictures#first-symptoms>, Accessed July 2022. en
2. CDC. MMWR. Prevention of Herpes Zoster, June 2008. Available at: <http://www.cdc.gov/mmwr>, Accessed July 2022.